

**COLLEGE OF NURSING  
ST. JOHN'S NATIONAL ACADEMY OF HEALTH SCIENCES**

**NSS UNIT**

**REPORT OF WORLD MENTAL HEALTH DAY - 10/10/2023**

NSS Unit of St. John's College of Nursing Bangalore conducted a health education programme on World Mental Health Day on 10/10/2023 at O.P.D foyer of St. John's Hospital. A total of 100 NSS volunteers participated actively.

**Theme - "Mental health is a universal human right".**

