

WORLD HEART DAY

A Health Education programme was conducted on “World Heart Day” on 29th of September 2023 by 3rd year G.N.M 2020 batch in OPD Foyer. The theme of the programme was “USE HEART KNOW HEART”.

Chief Guest of the programme was Dr. Srilakshmi, HOD of the Cardiology Department. The programme was inaugurated at 9:15 am with „watering the sapling „ceremony by chief guest Mrs.Srilakshmi along with CNS, Sr. Ria Emmanuel and Vice principal, Sr .Prasada.

The students performed a skit which depicted the life of a man who had a stressful office life as well as home which led him to smoking which also triggered heart related problems for him along with the mime which showed various complications of heart diseases

After the programme Dr. Srilakshmi gave a short health talk, on heart related problems and how to prevent it, and also appreciated the students, for conducting the programme.

Lastly, the Programme ended with the inauguration of posters displayed in front of the OPD foyer which showed prevention for various heart related issues such as Hypertension, cholesterol, and diabetes