

WORLD MENTAL HEALTH DAY

On account of World Mental Health Day, a health education program was conducted at the OPD foyer on 10th October 2023 by the BSc 2020 batch. The theme of the program was "**Mental Health Is A Universal Human Right**".

The chief guest of the day was Dr. Priya Sreedharan, Associate Professor, Department of Psychiatry. The program was inaugurated by Rev. Dr. Jesudoss Rajamanickam, Director, SJNAHS, Dr. Aravind Kasturi, CMS, Sr. Ria Emmanuel, CNS, Sr Sajitha Moothedan, Principal, College of Nursing, Dr. Bindu Mathew, Vice Principal-PG, College of Nursing.

The students performed a musical drama, skit, and street play. The skit highlighted the discrimination towards individuals with mental illness and the street play explained the rights of a mentally ill person.

After the program, Rev Fr Jesudas Rajamanickam shared his views on the importance of the day and appreciated the students for their performance. Dr Priya shared her valuable thoughts on the importance of taking care of mental health and breaking the stigma associated with mental illness.

The program concluded with the inauguration of the exhibition.



 GPS Map Camera



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Bengaluru, Karnataka, India

Auditorium, John Nagar, Koramangala, Bengaluru, Karnataka 560034, India

Lat 12.930774°

Long 77.620414°

08/04/24 10:00 AM GMT +05:30