



**St. John's Medical College
DIAMOND JUBILEE
Celebrating 60 years!**

**First Announcement for
National Level CME on**

**'Insights into Pain: Physiology and
Principles of Management'**

On
1st September, 2023

**CME will be conducted in Hybrid Mode
(offline & online)**

Applying for **KMC credit hours**



**Department of Physiology
St. Johns Medical College, Bangalore**

**Greetings! We the Department of
Physiology, St. Johns Medical College,
Bangalore, welcome you...**

Although an important physiological protective mechanism, pain needs to be controlled. To be controlled it needs to be understood, which has been the aim of decades of research into pain. Our CME, one of many academic events as part of the Diamond Jubilee celebration, offers insights into the physiology of pain and a holistic understanding of principles behind management. Join us to learn from experts from various fields of pain management and research. Join us as St. John's celebrates its 60th year!



ORGANISING TEAM

ORGANISING CHAIRPERSON

Dr. Sucharita S (Professor and Head)

ORGANISING SECRETARY

Dr. Savitha D (Professor)

JOINT ORGANISING SECRETARIES

Dr. Taniya Anto (Assistant Professor)

Dr. Vedashree Hegde (Senior Resident)

MEMBERS OF ORGANISING TEAM

Dr. Sejil T V (Associate Professor)

Dr. Akanksha Sinha (Tutor)

NON TEACHING STAFF

All non-teaching staff

IT SUPPORT

Dr. Tony Raj (Professor Dept of Physiology, Dean SJRI)

Mr. Maharaj M

Mr. Sharath Kumar V

SCHEDULE

Time	Session	Resource person
8.00 – 9.00 am	REGISTRATION AND BREAKFAST	
9.00 - 9.30 am	Inauguration	
9.30 – 10.30 am	Physiology of pain – definition, significance, pathways and applied physiology	Dr Nandini Vallath
10.45 – 11.45 am	Research in pain physiology – our budding experience	Dr. Savitha D Dr. Taniya Anto Dr. Aparna Rao Ms. Rhea OA
11.45 - 12.15 am	Pathophysiology of Acute pain and principles of management	Dr Rashmi Rani
12.15 – 1.00 pm	Applied Physiology in managing chronic pain	Dr Nandini Vallath
1.00 - 1.45 pm	LUNCH	
1.45 – 2.45 pm	Mind-body medicine in managing pain	Dr Lakshmi Nishitha J
2.45 – 3.15 pm	Non-pharmacological approach to pain management	Dr Anil T John
3.15 – 3.45 pm	Role of technology in assisting pain management	Dr Tony S Raj
3.45 – 4.00 pm	FEEDBACK SESSION	
4.00 – 5.00 pm	Valedictory ceremony and distribution of certificates Tea	

OUR RESOURCE PERSONS

Dr. Nandini Vallath, Professor and Head,
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Dr. Aparna Rao, Alumnus Postgraduate (2018-21 batch)
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Ms. Rhea OA, Intern
MBBS 2018 batch, SJMC
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REGISTRATION:

Registration Fees (Inclusive of 18% GST):

	Early registrations (on or before 15 th Aug)	Late (after 15 th Aug) / Spot registrations
Offline	Rs. 600/-	Rs. 700/-
Online	Rs. 300/-	Unavailable

Link for registration:

For queries please contact:

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Or email your queries to -

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