

Message

Dear Friends,

Department of General Medicine, SJMCH, takes immense pleasure in announcing CME "Decoding Hypertension" to be held at Mini Auditorium, SJMCH on march 22nd 2019. Aim of the CME is to create a forum to understand this widely prevalent disease. Hypertension has multiple devastating consequences, it continues to pose an immense challenge both in terms of diagnosis and control.

Our organisers have taken great effort to put together an excellent programme with current topics, clinical vignette and case presentations for fruitful learning. The objective is to empower clinicians to appropriately investigate and treat Hypertension.

The discussion based format of the CME will encourage audience participation and we invite you all to be part of this active learning program. We urge you to confirm your participation soon. The brochure and registration form can be downloaded from the website.

We look forward in earnest to welcome you for this exciting event.

Chairperson:
Dr. Jyothi Idiculla

Co-Chairperson
Dr. Soumya Umesh

Organising Secretaries:
Dr. Anasuya D.S
Dr. Priyanka .P

#	TOPIC	SPEAKER	TIME
	REGISTRATION		8:30-8:50AM
	WELCOME ADDRESS	Dr. Soumya Umesh	8:50-9:00
1.	INITIAL EVALUATION OF HTN AND BP TARGETS	Dr. Chaitanya Balakrishnan	9:00- 9:20
2.	MEASUREMENT OF BP	Dr. Aaron & Team	9:20-9:50
3.	LIFESTYLE IN STYLE	Dr. Jananee Muralidharan	9:50-10:05
4.	TACKLING THE ICEBERG	Dr. Farah Fathima Dr. Deepak Kamath	10:15-10:35
	INAUGURATION		10:30-10:50
5.	PRINCIPLES OF DRUG SELECTION	Dr. Shruthi Kulkarani	10:50-11:15
6.	ASYMPTOMATIC SEVERE HTN	Dr. Soumya Umesh	11:15-11:30
7.	SECONDARY HYPERTENSION *WHEN TO SUSPECT AND HOW TO INVESTIGATE *RENAL CAUSES *ENDO CAUSES *MISC CAUSES PANEL DISCUSSION	Dr. Sanjuktha Rao Dr. Limesh M Dr. Belinda George Dr. Aaron Lobo Dr. Rathnamala Choudhury Dr. Seena Shankar Dr. Jyothi Idiculla	11:35-11:45 11:45-12:00 12:00-12:15 12:15-12:30 12:30-1:00
	LUNCH		1:00-1:30
8.	HYPERTENSION IN THE ELDERLY	Dr. Jonita Fernandes	1.30-1.45
9.	HYPERTENSION & KIDNEY	Dr. Prashant Kedlaya	1:45- 2:10
10.	HYPERTENSION & ADRENAL	Dr. Vagesh Ayyer Dr. Himagirish Rao	2:20-2:40 2:40-2:55
11.	WHITE COAT HYPERTENSION AND ITS REVERSE	Dr. Kapil Rangan	2:55-3:20
12.	PAROXYSMAL HYPERTENSION	Dr. Jyothi Idiculla	3:20-3:40
13.	SLEEP- THE UNEXPLORED FACET IN BP CONTROL	Dr. Uma Devraj	3:40-4:00
14.	MANAGEMENT OF BP IN ACUTE STROKE	Dr. Raghunandan Nadig	4:00- 4:20
	VOTE OF THANKS	Dr. Priyanka P	